

Newsletter

17th September 2018

Term 3, Week 10

Respect

Integrity

Success

Compassion

High School District Athletics

Last week 16 High School students represented Henderson College at District Athletics Competitions. It was a privilege to take these students to the competition; their sportsmanship, enthusiasm and desire to achieve was exceptional! Congratulations to all students that competed.

The following students placed in the top three for their event.

Jake Clark: 1st 800m, 1st 400m, 2nd Long Jump, 1st 1500m
Millie Dowdy: 2nd Discus
Stella Koloke: 2nd Shot Put
Nathan Macgillivray: 3rd Shot Put
Awakhiwe Ncube: 1st 800m, 2nd 400m
Zildah Rogapitu: 3rd Shot Put
Christiano Sauaso: 2nd Javelin, 1st Long Jump, 3rd Shot Put, 1st Triple Jump

Congratulations to Jake Clark and Christiano Sauaso who both won the Age Champion medal for their age group. This is an outstanding achievement!

A special thank you to Kaylene Clark and Jake Clark for helping set up at the Aero Ovals before school. Thank you also to Mrs Lang, Mr Smith and Pastor G for their assistance during the day.

Best of luck to Jake Clark, Awakhiwe Ncube and Christiano Sauaso who have qualified for the Regional Athletics to be held in Bendigo on Thursday 11th October.

Michelle Johnson, Sport Coordinator.



Jake Clark



Christiano Sauaso



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804-816 Cowra Avenue
Irymple VIC 3498
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Homework Club

Parent/Guardians please note: there will be no Homework Club this week - it will recommence Week 2 of Term 4.

Primary School Tennis Coaching at Henderson – Expressions of Interest

We would like to know if parents would be interested in their child having tennis lessons at Henderson College next term. The cost would be \$11 per half hour lesson and the lessons would be held weekly either before school or at a lunchtime. Please phone the school office on 5024 5192 or email Miss Johnson michelle.johnson@hendersoncollege.com.au if you would be interested. Please also indicate if you would prefer the tennis lesson to be held before school or during a lunchtime.

Michelle Johnson, Sport Coordinator.

Tennis Lessons in Sport

Year Prep and 1/2 participated in a four-week Tennis lesson program during their Sport classes. The students developed many ball handling skills including; forehand strike, backhand strike, and volley. Thank you to Ryan and Bill from 'TennisMad Coaching' for coming to Henderson and taking these lessons.

Michelle Johnson, Sport Coordinator.

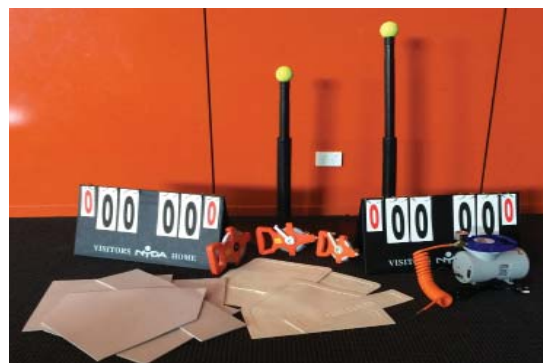


Coles Sports for Schools Equipment

Thank you to all the families that collected Coles Sporting Schools Vouchers for Henderson College this year. Our equipment arrived last week and we were able to purchase approximately \$700 worth of new equipment!

We purchased the following items with our vouchers:

- 1 x Electric compressor
- 3 x Measuring tapes
- 2 x Scoreboards
- 2 x T-ball stands
- 2 x T-ball bases sets



No Canteen this Friday

Parents/Guardians please note: there will be no canteen this Friday, the last day of term, as school finishes early.

Parent Survey

Each year the College likes to capture parent and student feedback about the education program, well-being support and infrastructure provided by the College. Information from the surveys is then considered and discussed in relation to future academic, social, spiritual and building initiatives. A link to the survey was sent from 'Vividus' to each family on the 30th August. We would love to have lots of parents reply as it is important that we capture the feeling of the majority of families instead of just a few. The survey will take 15-20mins to complete. The survey closes on the **18th September**. Thank you, in advance, for your assistance.

Uniform

During this last week of term students have the option of wearing their **summer uniform** if the weather is warm.

Class Awards



Gold Awards



Last Day Term 3

Parents/Guardians please note:

- Friday 21st September is the last day of Term 3
- Casual Dress day - gold coin donation
- 2pm finish

Bus Accounts

A friendly reminder for parents to ensure your Bus account is finalised by the end of this week to secure your placement for Term 4. Please do not hesitate to contact me if you have any concerns.

Kaylene Clark, Business Manager.



A Message from our Student Welfare Officer

Here we are in our last week of the term. I know myself and my children are ready for a break - I hope you all have a wonderful 2 weeks off and restful time with your family. On our facebook page we have posted a school holiday program organized by the Mildura Rural City Council. I will put the link here in case you are not on facebook : <http://www.mildura.vic.gov.au/.../Y.../School-Holiday-Activities> - the activities look like a lot of fun!

In case you are after something a little different I will put some suggestions below as well as some free activities.

Woodsies Gem Shop
Paddle Steamer Melbourne
Mildura Waves
Sunraysia Ten Pin Bowling
Formula K Go Karts
Orange World
Sun City Rollerama

Merbein and Redcliffs also have a skate park
Perry Sand Hills
Arnie's Laserforce
Putt Putt
Park for Play
Deakin Cinema Complex
Mildura Skate Park

Free activities at Mildura Central!

Let the kids play!

Pick your favourite theme and build your own Lego creation

Themes include Ninja Turtles, Minions, Starwars, Frozen and Minecraft

Sessions run daily from 11am to 3pm located outside the Food Court

Monday October 1st to Friday 5th

No bookings required

Venise Lang

Plaster Painting

Monday September 24th to Friday September 28th

Sessions run daily from 11 am until 2 pm

Located outside Target

Bring a book, take a book.....

The Book Exchange is located at the Eastern end of the Centre

Bring in your unwanted books and swap them for a new book to read or browse through the huge collection and read in the comfy chairs that are provided

Maths Growth Scores - Wk 10

Year 5/6 :

Elijah Mosaati	200
Zara Dowdy	200
Annabelle Munn	200
Harriet Webb	300
Olivia Milne	200

Year 7:

Ncube	Awakhiwe	200
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Year 8:

Beattie	Rebecca	200
Lang	Mitchell	200
Weller	Cameron	200

Year 9:

Rogapitu	Zildah	233
Swift	Shaina	267
Whitelegg	Zach	267

Year 10:

Beattie	Sarah	267
Carter	Nathan	200
Grant	Sarah	233
Macgillivray	Chloe	267

Upcoming Events

September

- 14-28 Yr 10 Myanmar Mission Trip
- 21 Last day Term 3 - 2pm finish, casual dress & gold coin donation

October

- 8 First day Term 4
- 11 Regional Athletics
- 22-26 WOSE (Week of Spiritual Emphasis)
- 23,25 Prep 2019 Orientation
- 26 Primary/Yr 7 2019 Orientation
- 29 Yr 7 2019 Orientation
- 30 Prep 2019 Orientation

November

- 1 Prep 2019 Orientation
- 1 Jump Rope for Heart
- 5 Student Free
- 6 Melbourne Cup

You are invited to our

Open Day with the Principal



2:00pm-4:00pm Sunday 14th October

804 Cowra Avenue Irymple

Henderson College offers your child an excellent Christian educational opportunity. We challenge each student from Prep through to Year 10 to discover his/her particular gifts and talents in a variety of ways. Come along and tour our great facilities with Principal, Sandra Ferry, in a relaxing informal meeting to discuss the range of educational opportunities open to your child.



For more information please call on 5024 5192
or visit www.henderson.vic.edu.au

The Girl Geek Academy School Holiday Workshop



Attention parents of Year 7-9 girls! The Girl Geek Academy is looking for young women in Year 7-9 to attend a 2-day School Holiday STEM Workshop here **in Mildura!** If you're interested in game design, coding, design or technology this is an amazing opportunity! Just \$20 for 2 days worth of technology building and game development.

Book your spot below!

<https://www.eventbrite.com.au/e/girl-geek-academy-in-mildura-school-holiday-stem-workshop-for-young-women-tickets-49412210251?utm-medium=discovery&utm-campaign=social&utm-content=attendeeshare&aff=esfb&utm-source=fb&utm-term=listing>

Tuning Into Teens

Emotionally Intelligent Parenting

A six session parenting program for parents of adolescents

Would you like to learn how to:

- Be better at talking with your teen?
- Be better at understanding your teen?
- Help your teen learn to manage their emotions?
- Help to prevent behaviour problems in your teen?
- Teach your teen to deal with conflict?

Tuning in to Teens shows you how to help your teen develop emotional intelligence.

Adolescents with higher emotional intelligence:

- Are more aware, assertive and strong in situations or peer pressure
- Have greater success with making friends and are more able to manage conflict with peers
- Are more able to cope when upset and angry
- Have fewer mental health and substance abuse difficulties
- Have more stable and satisfying relationships as adults
- Have greater carer success – Emotional Intelligence may be a better predictor of academic and career success than IQ

Where: Centacare Office – 136 Lime Avenue, Mildura

When: Starts on October 16th, 2018

Time: 1.00pm – 3.00pm

Contact: Penny / Jessie-Lee

For Further information contact:

Centacare

Phone: (03) 50510050



Centacare Family and Community Services
136 Lime Ave, Mildura, Vic 3500
Phone: 03 50510050

www.centacareballarat.org.au



Season Launch

Thursday 1st November
2018

**AT THE MILDURA WAVES AQUATIC &
LEISURE CENTRE OUTDOOR 50m POOL**

**COME ALONG AND JOIN OUR CLUB FOR
THE 2018/19 SEASON LAUNCH FROM
5PM – 6.30PM.**

**JUMP IN AND HAVE A TRIAL SESSION.
MEET ALL OUR SUPERSTAR SWIMMERS
AND COACHES.**

****BBQ PROVIDED AFTER TRAINING****

BBQ
PROVIDED

**FREE
TRIAL
SESSION!**

FOR MORE INFO EMAIL
Josh Barila – joshbarila@outlook.com
OR visit our website –
www.milduraswimmingclub.com