

Newsletter

23rd April 2018

Term 2, Week 2

Respect

Integrity

Success

Compassion



Dear Parents and Guardians,

This week we have a few additional activities happening at school! Alphabet Ark is running on Monday and Tuesday mornings and this year 'Roaming Reptiles' from Melbourne will be joining us and then providing five 40 minute information sessions throughout the school over the two afternoons. The animals on show include; a variety of lizards and turtles, a baby crocodile, a non venomous baby python snakes along with a 2m python.

While Wednesday is a pupil free day, ANZAC Day, our Captains and Prefects will take part in the wreath laying ceremony at Henderson Park beginning 10.00am. The ANZAC service doesn't go for long and if you haven't been I encourage you to take your child/ren.

Thursday afternoon is our annual Cross Country event and again I encourage you to come along and cheer on your child/ren in their running attempts.

Finally, on Friday I have a visit from the Block Grants Authority, an application for another building project was placed at the beginning 2018, and the visiting team is coming to assess the merits of our application. Please pray for a favourable outcome. The application is for 2 new classrooms and a Home Economics room.

I wish you a very pleasant week and hope to see many of you at the Cross Country.

Mrs Sandra Ferry
Principal

Interschool Chess Competition



Congratulations to all the students who participated in the Interschool Chess last Friday!

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Cross Country

Our school Cross Country competition is being held on Thursday 26th April at 2.00pm and we would love parents, friends and families to come along.

Students are required to wear their full sports uniform and bring a bottle of water. Please come along and support our students!

School Photos - Monday May 7th

Students received a school photo order form last week. All forms must be returned to the office by Thursday 3rd May, regardless of whether you are ordering any photos. Family photo order forms are also available from the office. Student school photos will be held on Monday May 7th and students are required to be dressed in full SUMMER UNIFORM: this way everyone will be looking their best. If the weather is cold on the day all photo shoots will be held indoors.

Parents paying by cash please note: Correct cash will need to be included in the photo ordering envelopes **prior** to arriving at school - the office will not be able to change cash on the day.

Homework Club

Homework Club will be starting in Week 4 on Monday's and run from 3:30-4:15pm. Students will need to be picked up from school at 4:15 sharp.

Rebel Sport

Thank you to the students and families who made purchases at Rebel Sport last term as you contributed towards our school points. As a result we were able to purchase over \$200 worth of Soccer gear which will be used at the High School Interschool Soccer competition on Monday 30th May.

- * 2 x World Cup Match Balls
- * 1 x whistle
- * Inflater needles
- * Adidas Goalie gloves
- * Nike Dri-Fit Goalie Shirt



Yr 10 Fundraising

Yr 10 students are selling zooper doopers and LOL cans every Monday, Wednesday and Friday lunchtimes in the canteen!

New Winter Sport Uniform!

Our new winter sport uniform has arrived and doesn't it look good! New track pants are available for \$60 (Jnr), \$70 (Snr) and our new sports jacket for \$80. We have a limited number of our old sport uniform for sale - jackets; \$30 and track pants \$25. The old sport uniform will be phased out at the end of a 2 year change over period; 2020. Parents please note sizes 6, 8 and 12 in the new jackets are still to arrive - hopefully by the end of this month!



Class Awards



Mrs Ferry sharing in Chapel last week about her experiences overseas last term.

A Message from our Student Welfare Officer



Last week I brought you the first 3 points from an article by Mary Sauer entitled '7 Things Kids Need To Do For Themselves Before They Turn 13', this week I will bring you the last four points.

Body Basics - Early teen years are full of changes for young people, and these changes are going to require your child to learn new self-care skills. Most teens want to care for themselves but feel intimidated by the task or are too embarrassed to ask their parents for help. Bridge this sometimes awkward topic and offer to teach your teen what they need to know about taking care of themselves. For both sexes, this will mean keeping themselves clean, dealing with body odour, and safely grooming any newly growing hair. Long before your child has reached their teens, they should understand that they are expected to engage respectfully with the opposite sex.

Housekeeping Habits - Your teen is a member of your household, and it is perfectly acceptable to expect them to do their part around the home. Before the age of 13, your child should know how to do their own laundry, pick up after themselves, and clean the kitchen. They should also know how to cook basic meals for themselves and other members of the family. Along with cooking meals, teens should be expected to pack their own school lunches.

Academic Achievements - Most parents place a high priority on helping their teens reach their full potential, but by micromanaging a teen's academics, you do more harm than good. Parents need to find a balance between encouraging their teen and supporting them without doing their work for them or rescuing them from academic failure.

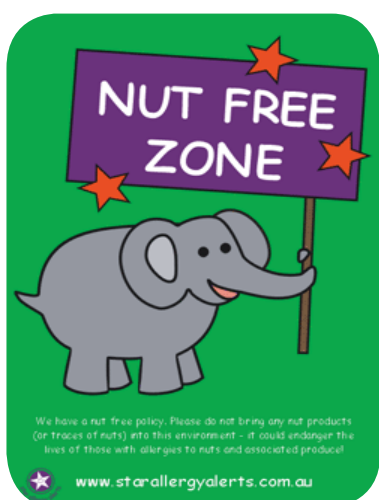
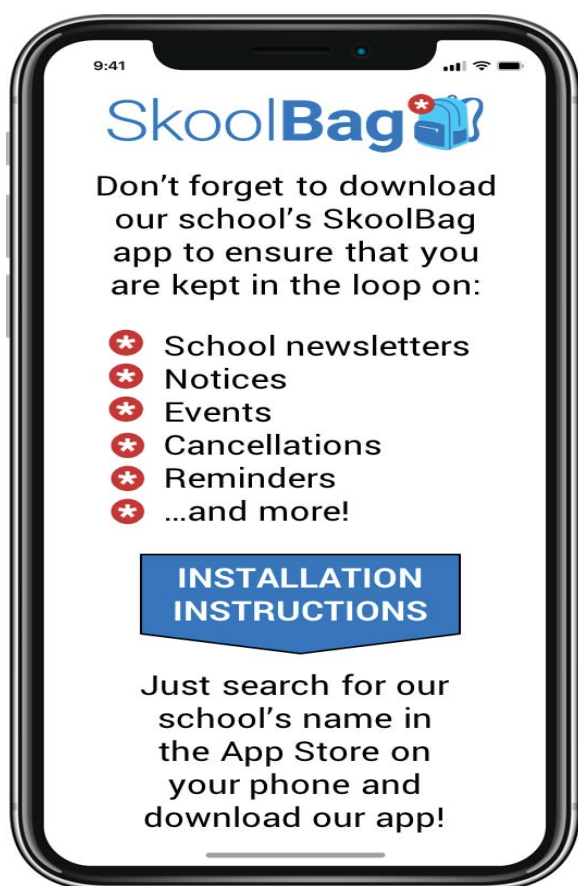
Navigation Necessities - While teens may not be able to drive yet, that doesn't mean they shouldn't be familiar with

navigating to places they go most frequently. Whether they're catching a ride with another parent or walking to and from school, being able to get themselves where they need to go will bring them one step closer to independence. It isn't uncommon for parents to put off teaching their young teens independence simply because it feels easier to manage their lives. In some cases, parents feel fearful about the consequences their child could experience when they manage their life themselves.

The truth is, the consequences of the mistakes your teen might make now are far less risky than releasing them into adulthood without the skills they need to care for themselves, engage in adult relationships, or manage their time and money.

I wish you all the best as you parent your child into adulthood!

Venise Lang



Upcoming Events

April

- 23/24 Alphabet Ark
- 24 Yr 7/10 Immunisations
- 25 Anzac Day
- 26 Cross Country - 2pm onwards
- 27 Yr 5/6 STEM trial day in stadium
- 30 HS Boys Interschool Soccer Comp.
- 30-3 Yr 5/6 Camp

May

- 3 Primary Yrs Prep-4 Gymnastics
- 4 HS Gymnastics
- 7 School Photos
- 8 Primary Interschool Cross Country
- 10 Yrs 7/8 Regional Volleyball Comp.
Prep-4 Gymnastics
- 11 HS Gymnastics
- 15-17 Naplan
- 21 Interschool Stem Day

MILDURA & DISTRICT LITTLE ATHLETICS

Cross Country 2018



Mildura & District Little Athletics cross country season commences Sunday 6 May 2018. New members are welcome. Cross country is great for fitness in a relaxed, safe, supervised environment for kids and spectators – and fun, at seven venues!

TIME		WHEN & WHERE	
1.30pm	Check in	Sunday 6 May	Apex Park (furthest carpark)
1.45pm	Warm up	Sunday 20 May	Lock Island (across gates)
2pm	Start: Div 1 or Div 2/3	Sunday 27 May	Ornamental Lakes
2.45pm	Finish (approx.)	Sunday 3 June	Ranfurly Reserve (Gibbs St off Ranfurly Way)
AGE GROUPS & DISTANCES		Sunday 17 June	Botanic Gardens, NSW
U 6 - 8 (Division 1)	1km	Sunday 24 June	Syd Mills Park (Walnut Ave)
U 9 - 12 (Division 2)	2km	Sunday 1 July	Rio Vista Park – no points, includes medal presentation)
U13 -17 (Division 3)	3km	Some divisions may be run concurrently, depending on the number of athletes attending	

For existing members from 2017-18 track and field season there is no fee. New members register and pay fee on line at the South Australian Little Athletics webpage:

<<https://salaaportal.myrcrm.com/SignIn?ReturnUrl=%2F://>>; cost is approx \$60 for the winter season, including compulsory insurance. Medals are based on first six weeks for each division.

Note: parents are expected to assist as required

Uniforms are compulsory and will be available for purchase on site (\$40 for shirt or \$33 for singlet, latter optional for under 12 and above), plus plain black shorts. Please bring a hat and water. Medals (gold, silver, bronze, participation - all named) will be presented on conclusion of events on Sunday 1 July 2018.

The State (SA) Cross Country Championships will be held on Sunday 22 July 2018 in Adelaide at Bonython Park, (there is no prequalification standard, but registered athletes must have done three local cross country meets).

Registrations for State Cross Country close on Wednesday 18 July 2018.

For more information ring: Steve Erlandsen, President 0427 233 504.